

ATHENS FAMILY DENTAL PRE-OP INSTRUCTIONS

- **NO FOOD OR DRINK AFTER MIDNIGHT BEFORE SURGERY**
- Take any prescribed daily medication with just a sip of water.
- Brush your teeth. Do not swallow any water. Leave any jewelry and valuables at home. Wear short sleeves and loose-fitting clothing. Do not wear lotion
- **Please do not wear contact lenses, artificial nails or any finger nail polish.**
- Have someone stay with you for the first 24 hours after surgery.
- You will need someone 18 or older to drive you to your appointment and take you home afterwards. The driver and the vehicle **MUST** stay here during your surgery. There is a \$100 monitoring fee if they leave. Please limit your guest to the driver only. Please leave small children at home.
- **The use of alcohol or recreational drugs (marijuana, cocaine, methamphetamine, non-prescribed prescription medications) can have an adverse effect on the anesthesia medications that we use. Please discontinue the use of such for at least 72 hours prior to your procedure.**
- **If we are unable to adequately sedate you, your procedure may not be completed and we may refer you to a hospital.**
- We will call to confirm your appointment 1-3 days prior to surgery date. We **MUST** get verbal confirmation, or the appointment will be cancelled. Please confirm your contact information before you leave today.
- We require a minimum of 48 hour notice if you need to cancel, change or miss your appointment. Notices given under 48 hours will be charged a \$100 fee.
- Approval expires in 6 months
- Payment is due when appointment is scheduled
- Brackets are **NOT** covered by your Insurance and will be collected when scheduling appointment - \$350 per bracket

Height: _____' _____" Weight: _____lbs

BMI: _____ (If over 40.0 we cannot sedate patient in office)

Patient/Guardian signature

Please print name

Date